

The Effect of Gamified Teamwork on Business-related Idea Generation

An Experimental Study

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Abstract—Innovation providing a competitive advantage to enterprises is based on original ideas usually developed by teams. Therefore, the optimization of idea generation in teams is crucial for the enterprises’ competitiveness and survival. The goal of this experimental study is to test whether idea generation in team can be made more effective in terms of quantity and quality through gamification (the use of game design elements in non-game contexts). Based on conservation of resources theory, in the present study gamification was assumed to generate and regulate task-related resources and therefore to increase the number and originality of generated ideas. 170 students divided in 70 teams were asked to imagine themselves to be a management team of a young innovative enterprise during a crisis meeting and to generate solutions for the described problems. 35 teams were randomly assigned to the gamification condition and another 35 teams to the control condition. The number and originality of ideas were evaluated by two independent condition-blind raters and compared between the conditions. Gamification has a large positive effect on the idea number and a medium-sized positive effect on the idea originality. The findings, implications and limitations are discussed.

Keywords—enterprise; gamification; idea generation; innovation; teamwork

I. INTRODUCTION

Innovation which is defined as “the multi-stage process whereby organizations transform ideas into new/improved products, service or processes” [1, p. 1334] is usually developed by teams [2], [3] and is considered as a crucial competitive advantage for enterprises [4]. Firms which develop innovative products or services were shown to have a higher market share and achieve higher profits compared to less innovation-driven firms [5] - [7].

At the same time, innovation development is a complex, risky and expensive task [8] - [10]. There are also high requirements for employees such as breaking out of routine procedures, effort coordination and openness for new experiences [11] - [13].

The very first and therefore the key step in innovation development is the generation of a new idea, which is mostly done in teams [14] - [17]. It requires strong effort synchronization, work monitoring and management of the performance pressure [11], [12]. If a team does not succeed at these tasks, the resulting problems like ineffective teamwork for innovation development and conflicts within the team can

threat the enterprise’s competitiveness and survival [18] - [20]. A failure to develop an innovative solution is not only problematic for enterprises, who lose an immense amount of invested time and money, but also for the entire economy as innovation drives economic growth and also has a big impact on society [21] - [23].

There are several teamwork methods which are supposed to make teamwork for idea generation more effective. Although brainstorming [24] is used very frequently in the business context [25], [26], in its original version it was found to block idea generation in groups [27] - [29]. As one reason, the delay between idea generation and articulation was identified [28]. A method which overcomes this problem by including phases of working alone is the nominal group technique or NGT [30], [31]. By the NGT rules, discussions and idea exchange between team members are strongly limited temporally and can be carried out only in special work phases. Despite its effectivity, the NGT is seldom used in enterprises because potential participants often do not accept it [32]. One possible reason is that the spontaneous information exchange between team members during brainstorming sessions enhances the perceived (but not the observed) productivity of teamwork. If this exchange is limited, it reduces the so-called illusion of productivity [33], which can lead to the NGT rejection.

This disadvantage of the NGT can be partially compensated by making the procedure of idea generation more informal and enjoyable through gamification, i.e. “the use of game design elements in non-game contexts” [34, p. 10]. Single game design elements, also called *gamification mechanics* are known from diverse games like sports, tabletop or video games. Points, leaderboards and badges were found to be the most common of them [35]. Although these mechanics existed long before the term *gamification* was established, they were never combined into one concept in a non-game context and used as widely as it is done today. This makes gamification a new empirical phenomenon of scientific interest beyond the buzz word [35]. Gamification was already proven to enhance students’ self-reported learning effectivity and engagement [36], [37], to speed up the solving of a scientific problem through a big non-professional community [38] and to facilitate the recruitment of new employees [39]. As gamification can be implemented without an elaborate and expensive digital platform [40] and used for idea generation and idea competitions in groups [41] - [44], it may also help

enterprises to efficiently generate innovative ideas in a team without causing high additional costs or personnel efforts. This is particularly relevant for the innovation development process.

Considering the above-mentioned findings, the aim of the present study is to test whether business-related idea generation in small teams can be made more effective in terms of quantity and quality through gamification.

II. THEORETICAL BACKGROUND AND HYPOTHESES

A. Team and Innovation-related Teamwork

Based on previous research, [45] defined a team in organizational context as a collection of individuals who are interdependent in their tasks, share responsibility for outcomes, consider themselves and are considered by others as an intact social entity, embedded in at least one larger social systems and manage their relationships across organizational boundaries. The term *team* can be considered as a synonym for a *group*, which does not imply any size limitation, therefore even small groups like dyads and triads can be referred as teams [46], [47]. In some cases, dyads and triads reflects the organizational reality more precisely than larger group, e.g., young innovative enterprises are usually found and led by two to three persons [48].

Teamwork includes the thoughts, feelings, and behaviors among team members interacting toward a common goal [49]. Beyond the collaborative problem solving, teamwork also consists of shared behaviors of team members, their attitudes and cognitions which are necessary to complete current tasks [50], [49].

B. Idea Generation

The most important outcomes of idea generation sessions are the quantity and quality of generated ideas, therefore the effectivity of such sessions is mainly operationalized by the number and characteristics of generated ideas [51] - [53]. In the present study, the quality of generated ideas is measured by their originality [29], since an original idea can further build a basis of an innovative product and provide a decisive competitive advantage to the enterprise [54].

C. The Effect of Gamification on Performance

According to the descriptive theory of *Homo Ludens*, playing games is a central element of human culture and aims to organize players' experience [55]. A game may fascinate players because it induces an optimal flow state [56]. It also can increase participants' engagement and humor, which positively influence creativity and work productivity [57] - [60].

These approaches focus on positive outcomes of play and games only, although in a professional context negative outcomes are also possible [61]. A more detailed explanation which psychological mechanisms may trigger both positive and negative effects of play on work performance can be provided by conservation of resources (COR) theory [62]. On the one hand, playing games can help to create and manage psychological and psychosocial resources through emotion regulation or by maintaining relationships between employees, resulting in the increased work effectivity [61]. On the other

hand, playing games can make the participants work less effectively due to the time and energy loss which has to be avoided according to COR theory [62], [61]. This is especially

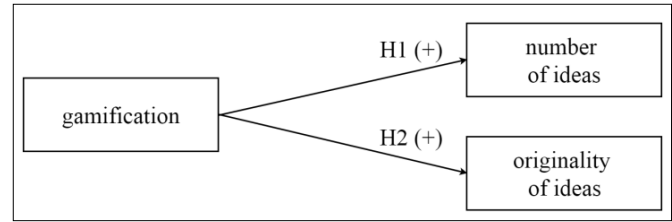


Fig. 1. Experimental hypotheses.

relevant for a task-unrelated game at work like playing table tennis with colleagues. However, gamification mechanics are always integrated into the work task and are therefore not supposed to draw any relevant resources away from work. In accordance to COR theory it can be assumed that gamification should have positive, and not negative effects on work performance. According to idea generation in team, work performance is operationalized as quantity and quality of ideas generated in teamwork. Thus:

Hypothesis 1 (H1): Gamification has a positive effect on the number of ideas generated by small teams.

Hypothesis 2 (H2): Gamification has a positive effect on the originality of ideas generated by small teams.

Both hypotheses are presented in Fig. 1.

III. METHOD

The former research on gamification consists mainly of quasi-experiments [63] - [65] or field studies [41], [66]. Reference [35] criticize a wide range of publications because of severe methodological shortcomings like small samples, missing control conditions or results limited to descriptive statistics and user evaluation.

To overcome these problems, the present experiment was designed. In the previous experimental studies on idea generation in teams, open-ended questions like *What would happen if everyone had an extra thumb on each hand?* without any further restrictions were widely used [67], [33]. They did not pretend to be realistic or easily transferable to the business practice. However, both aspects are important for a potential implementation of gamification in enterprises. Therefore providing a realistic and practically relevant task was aimed in the present study.

A. Participants

175 university students were recruited. They divided themselves in 72 teams of two or three persons. Written informed consent was obtained from each participant. A pilot team consisted of two persons whose data were not included into the analysis. One participant failed to fill out 27.6% of the questionnaire, therefore his team consisting of three persons was post hoc excluded from the data analysis.

The data of the remaining 170 students in 70 teams were analyzed. 30 teams consisted of three participants each, 40 teams consisted of two participants each. 34 teams consisted of

female members only, 27 teams were mixed and 9 teams consisted of male members only. 35 teams were randomly assigned to the experimental and the other 35 teams to the control condition. Participants ranged in age from 18 to 38 years ($M=22.41$, $SD=3.79$). 70.6% were female. All participants could choose either a monetary reward of 20 euro or a formal confirmation of their participation needed by psychology students for graduating from the university.

B. Materials and Apparatus

1) *Case study and questionnaire*: All written materials were in German. For a realistic crisis meeting simulation a paper-pencil case study strongly related to a situation of an innovative enterprise was developed following an example used in assessment centers [68]. A standard solution consisted of ten ideas and was validated by comparing it to the results of a pilot group. A paper-pencil questionnaire (s. Table I) included demographic items, personality and attitudes scales and a 7-point Likert feedback scale (from 1 = *strongly disagree* to 7 = *strongly agree*) consisting of seven items. The feedback scale measuring the subjective perception of the task and task instructions was designed especially for the present study. The data from the questionnaire will be considered in a future research project.

2) *Materials and technical equipment*: In the gamification condition, blank paper moderation cards and moderation cards with a thumbs-up symbol were used. A laptop with a prepared blank file was provided in both conditions. A microphone and a digital video camera were used to record each discussion for analyzing the data in a future research project.

C. Study Design

The present study was designed as a single factor between-participant experiment.

1) *Independent variable*: As the independent variable the experimental condition with levels *gamification* and *control* was applied.

2) *Dependent variables*: The number and originality of the ideas generated by teams were used as dependent variables. Two independent condition-blind raters included all non-redundant ideas generated by all teams in their idea catalogues, compared them to each other and found five principally divergent cases in which they disagreed on whether a team's suggestion is a new idea or whether it should be considered as redundant to any other idea. These cases were discussed and a final idea catalogue consisting of 137

ideas in total was created. This idea catalogue built a basis for the further evaluation. In previous research the elimination of useless or unrealistic ideas was based on subjective judgements, which is a reliable method in a well-defined context with clear tasks and limited resources as for example described by [74]. In contrast, in the given case study no strong restrictions such as financial or personnel resources limited to a specific amount were contained. Besides, no obviously absurd idea like *recruiting new employees on Mars* was found in the sample. For these reasons the idea elimination was considered as unnecessary. The number of ideas generated by each team was counted independently by both raters. The dependent variable *number of the ideas generated by team* was calculated as follows: for each team, the numbers of generated ideas reported by both raters were added up and divided by two. An idea generated less frequently was more original than an idea generated more frequently in a given sample [75]. The relative frequency for each idea in the sample was calculated by dividing the absolute frequency of its idea in the sample by the total team number in the sample. For instance, if an idea was generated by 35 teams of the 70 teams, its relative frequency was $35/70 = 0.5$. The average relative frequency across all ideas generated by a particular team was calculated by adding up all relative frequencies and then dividing the resulting value by the number of ideas generated by this team. A team's originality score was calculated as $1 -$ (average relative frequency across all ideas generated by a particular team). These calculations were conducted by each of the both raters independently. The dependent variable *originality of the ideas generated by team* was calculated as follows: for each team, the team's originality scores reported by both raters were added up and divided by two. Krippendorff's α was used as the interrater reliability measurement resulting in $\alpha = 0.81$ for the number of generated ideas per team and $\alpha = 0.76$ for the originality of generated ideas per team, which is good and acceptable respectively [76].

3) *Covariats*: The covariats on team level are mean age of team members, sex composition of the team, mean relationship duration within the team in months, team size and mean time in hours per week which team members spend playing diverse games.

D. Procedure

All participants received written instructions. Only one team was tested at a time. The experimenter's interaction with the participants was limited to answering their questions at the beginning as close to the written instructions as possible, handing out the materials and stopping the time. The questionnaire was handed out randomly either before or after the case study to each participant.

TABLE I. RELIABILITY COEFFICIENTS OF THE QUESTIONNAIRE SCALES IN GERMAN LANGUAGE

Scale	Cronbach's α
Big Five Inventory, short version [69]	.72
Internal and external locus control [70]	[.58; .71]
German Arnett Inventory of Sensation Seeking, short version [71], [72]	[.49; .66]
Entrepreneurial intention [73]	.97
Feedback scale developed for the present study	.82

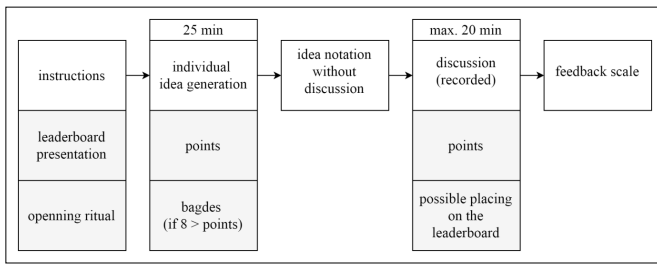


Fig. 2. Experimental phases. Grey rectangles represent gamification mechanics which are relevant for the gamification condition only. The questionnaire was handed out randomly either before or after the case study and is not shown here.

Fig. 2 illustrates experimental phases. In the gamification condition the participants were asked to read the instructions, but not the case study materials yet. A leaderboard consisting of five moderation cards with one of the five best-performing teams on each card and points they achieved in ascending order was presented to the participants. For the first five teams cards with fictitious information were used. The participants were informed that their team can be placed on the leaderboard if it achieves a greater number of points than a team on the leaderboard. Then the participants were asked to follow the opening gamification ritual recommended by [40] for creative tasks, i.e. to hold their palms up for 15 seconds. This position was proven to have a positive effect on attitudes towards new stimuli due to its evolutionary old association with open mind: while receiving something, people hold their hands up, while holding the palms down is a rejection gesture [77], [40]. After the ritual, the work on the case study following the general principles of the NGT [30], [31] began.

Participants were instructed to imagine themselves to be members of a management team of an innovative enterprise during a crisis meeting and to analyze the described problems as well as think of creative solutions. In the first phase, each participant worked on her or his own for 25 min screening the case study materials and taking notes. No exchange was allowed in this phase. The experimenter counted the number of ideas generated by each participant. Each participant was given a moderation card with the number of achieved points equal to the number of generated ideas. These numbers served only as a feedback for the participants and were not considered in the later data analysis. Participants who generated more than eight ideas received a badge of *idea generator* in form of a moderation paper card with a thumbs-up symbol on it.

In the second phase, each participant was asked to note one idea in turn in a blank file on the laptop without discussing it. Participants were advised to read the ideas that had already been written down by others before writing down their own ideas.

The third phase was limited to 20 min and consisted of a discussion within the team, which was audio and video recorded. The phase was ended prematurely if participants asked for it twice. They were allowed to discuss the noted ideas, eliminate them or develop any further ideas. After the discussion the feedback scale was filled out by each participant.

The experimenter assessed the team’s result. One point was given for every idea including both identified problems and suggested solutions and two points were given for every original idea not included in the standard solution. These numbers served only as feedback for the participants and were not considered in the later data analysis. Then the team was placed on the leaderboard if the relevant conditions were met.

In the control condition the opening ritual, points, badges and leaderboard were excluded. All other instructions as well as the case study materials were equivalent to the gamification condition.

IV. RESULTS

A. Missing Values

On average, each questionnaire item including demographic items was missed by 0.3% of the participants (min = 0%, max = 2.3%). No missing data patterns were found. The missing values were considered to be missing completely at random and were substituted by relevant means.

B. The Number of Ideas

Fig. 3, Tables II and III show descriptive statistics and correlation coefficients. The contingency between the sex composition of the team and the experimental condition was not significant, *Cramer’s V* = 0.05, *p* = 0.93.

A stepwise regression analysis was conducted to test H1. No violation of normality assumption (*W*(70) = 0.98, *p* = 0.32) and no severe violations of the assumptions of linearity, homoscedasticity and absence of multicollinearity were found.

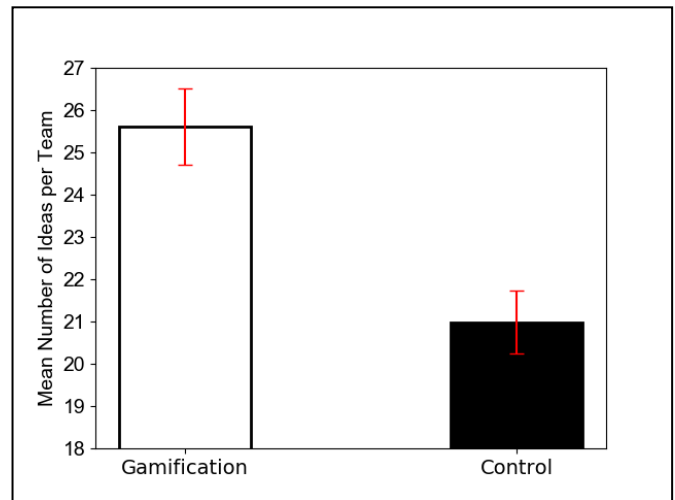


Fig. 3. Mean number of ideas per team for the gamification and control conditions. Significantly more ideas were generated by teams in the gamification condition than in the control condition. Standard errors are represented in the figure by the error bars attached to each column.

TABLE II. DESCRIPTIVE STATISTICS AND PEARSON PRODUCT-MOMENT CORRELATIONS OF THE DEPENDENT VARIABLES AND COVARIATS

Variables	M	SD	1.	2.	3.	4.	5.
1. Number of ideas	23.29	5.38					
2. Originality of ideas	0.43	0.07	0.73**				
3. Age of team members	22.52	3.26	-0.15	0.17			
4. Relationship duration within a team (month)	26.80	50.46	-0.07	0.00	0.14		
5. Team size	2.43	0.50	0.32**	0.23	-0.18	-0.24	
6. Gaming time of team members (h/week)	3.14	4.09	-0.04	-0.06	-0.11	0.19	0.00

$n = 70$; h/week = hours per week; ** $p < 0.01$.

TABLE III. CORRELATION OF THE NOMINAL VARIABLES AND RATIO DEPENDENT VARIABLES AND COVARIATS

Variables	Sex composition of the team ^a		Experimental condition ^b	
	η	η^2	η	η^2
Number of ideas	0.21	0.04	0.43	0.18
Originality of ideas	0.14	0.02	0.27	0.07
Age of team members	0.27	0.07	0.05	0.00
Relationship duration within a team (months)	0.38	0.14	0.03	0.00
Team size	0.16	0.03	0.06	0.00
Gaming time of team members (h/week)	0.38	0.14	0.03	0.00

$n = 70$; ^a when mixed team = 1, when female members = 2, when male members = 3; ^b when control condition = 1, when gamification condition = 2; η^2 = the amount of explained variance; h/week = hours per week.

As shown in Table IV, Model 1 consisted of the covariats only. It did not explain a significant amount of variance in the number of generated ideas per team. In Model 2 *experiment condition* were added. The increase in variance explained by the predictors over Model 1 was statistically significant. The maximum VIF value in Model 2 was 1.19. The number of generated ideas per team was predicted by two variables: *team size* ($\beta = 0.33$, $t(63) = 3.03$, $p < 0.01$), which is trivial because more people tend to produce more ideas, and, more interestingly, *experimental condition* ($\beta = 0.44$, $t(63) = 4.21$, $p < 0.001$).

C. The Originality of Ideas

An equivalent stepwise regression analysis was conducted to test H2 (see Fig. 4, Tables II and III for descriptive statistics and correlation coefficients). No violation of normality assumption ($W(70) = 0.98$, $p = 0.54$) and no severe violations of the assumptions of linearity, homoscedasticity and absence of multicollinearity were found.

TABLE IV. COEFFICIENTS OF REGRESSION ANALYSIS – NUMBER OF IDEAS

Regression statistics	Model 1			Model 2		
<i>df</i>		5		6		
<i>R</i> ²		0.13		0.32		
<i>Adjusted R</i> ²		0.06		0.26		
<i>F</i>		1.91		4.97***		
ΔR^2		0.11		0.09		
ΔF		1.91		17.75***		
<i>f</i> ²		0.15		0.47		
Variables	<i>B</i>	<i>SE</i>	β	<i>B</i>	<i>SE</i>	β
Constant	22.45**	6.79		12.65	6.48	
Age of team members	-0.23	0.21	-0.14	-0.17	0.19	-0.10
Sex composition of the team ^a	-1.03	1.00	-0.13	-0.76	0.89	-0.10
Relationship duration within the team (month)	0.01	0.01	0.06	0.00	0.01	0.04
Team size	3.23*	1.32	0.30	3.56**	1.17	0.33
Gaming time (h/week) of team members	-0.06	0.16	-0.05	-0.04	0.14	-0.03
Experimental condition ^b				4.71***	1.12	0.44

$n = 70$; f^2 = effect size; ^a when mixed team = 1, when female members = 2, when male members = 3; ^b when control condition = 1, when gamification condition = 2; h/week = hours per week; *** $p < 0.001$; ** $p < 0.01$; * $p < 0.05$.

V. DISCUSSION

As shown in Table V, Model 1 consisting of the covariats only did not explain a significant amount of variance. Model 2 explained a significant amount of variance in the originality of ideas per team over and above the variance explained by Model 1. The maximum VIF value in Model 2 was 1.19. It had two significant predictors: *team size* ($\beta = 0.29$, $t(63) = 2.48$,

Gamification has been applied in different areas including idea generation in groups [41], [35], but laboratory research on this issue is still rare. This study can be considered as unique for two reasons. First, to the author's best knowledge, this study is the first experimental study on gamified idea generation in teams and therefore it overcomes several methodological shortcomings of former quasi experiments or field studies on this issue. Secondly, in this study a practically relevant task was used for idea generation in team, which created a realistic setting for an innovative enterprise.

In general, the findings provide a strong evidence of gamification's effectivity, which previously was considered anecdotal by some scholars [35], [61]. Performance-related results provided support for H1 and H2, indicating that gamified teamwork increases the number of generated ideas as well as their originality. In terms of standardized sample effect sizes, gamification had a *large* effect on the number of generated ideas and a *medium* effect on the originality of generated ideas [78].

V. IMPLICATIONS

In terms of COR theory, gamification helped participants generating and regulating resources required during the experiment. As gamification mechanics were part of the task, it can be speculated that the resources were focused on work instead of being drawn to any task-unrelated activity.

The practical implications also can be drawn from the present study. Gamified teamwork for idea generation in small teams was shown to be not only effective, but also efficient. The applied procedure does not afford an additional financial investment or special skills: the used materials like moderation

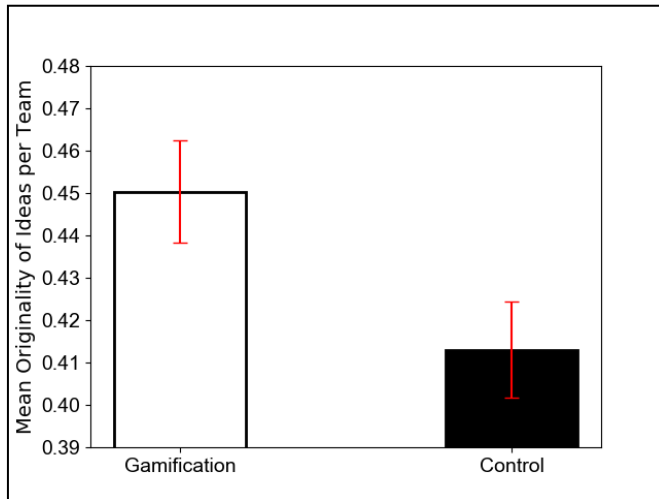


Fig. 4. Mean originality of ideas per team for the gamification and control conditions. Teams in the gamification condition generated significantly more original ideas than teams in the control condition. Standard errors are represented in the figure by the error bars attached to each column.

$p < 0.05$), which is trivial because more people tend to produce more original ideas and, more interestingly, *experimental condition* ($\beta = 0.29$, $t(63) = 2.52$, $p < 0.05$).

TABLE V. COEFFICIENTS OF REGRESSION ANALYSIS – ORIGINALITY OF IDEAS

Regression statistics	Model 1			Model 2		
	<i>B</i>	<i>SE</i>	β	<i>B</i>	<i>SE</i>	β
<i>df</i>		5			6	
R^2		0.11			0.20	
<i>Adjusted R</i> ²		0.04			0.12	
<i>F</i>		1.59			2.49*	
ΔR^2		0.11			0.08	
ΔF		1.59			6.33*	
f^2		0.12			0.23	
Variables	<i>B</i>	<i>SE</i>	β	<i>B</i>	<i>SE</i>	β
Constant	0.26**	0.09		0.17	0.09	
Age of team members	0.00	0.00	0.19	0.01	0.00	0.22
Sex composition of the team^a	-0.01	0.01	-0.08	-0.01	0.01	-0.06
Relationship duration within the team (month)	0.00	0.00	0.06	0.00	0.00	0.05
Team size	0.04*	0.02	0.27	0.04*	0.02	0.29
Gaming time (h/week) of team members	0.00	0.00	-0.05	0.00	0.00	-0.03
Experimental condition^b				0.04*	0.02	0.29

$n = 70$; f^2 = effect size; ^a when mixed team = 1, when female members = 2, when male members = 3; ^b when control condition = 1, when gamification condition = 2; h/week = hours per week; ** $p < 0.01$; * $p < 0.05$.

cards or a laptop are likely to be available in every office and are not expensive. Because of these positive effects, the implementation of gamified teamwork can be recommended for small teams generating ideas and striving for idea originality in the business context. The latter is a precondition of innovation development [15] enhancing the competitiveness of an enterprise [4], [15].

VI. LIMITATIONS AND FURTHER RESEARCH

The crisis meeting simulation should appear to be realistic, however, it is still only an approximation of a real situation. It is plausible to assume that in a real crisis meeting the entrepreneurial team discusses the data already known by all team members, while in the present study they were new to all participants. Members of a multidisciplinary team are specialized on different areas like marketing, PR, IT etc., therefore the single experts are likely to dominate a discussion about specific problems [79]. Such knowledge differentiation can be considered in future research. Ideally, gamified teamwork following the described procedure should be tested in a real enterprise to verify the results and increase the study's external validity.

A possible follow-up study could investigate whether gamification leads to more balanced discussion contribution of team members compared to non-gamified teamwork, as it was found to have a positive effect on teamwork effectivity in innovative projects [79]. For this purpose, speech proportions and speakers' turns can be used as an operationalization of a discussion contribution.

Besides the listed covariats, personality traits like Extraversion are likely to influence the perception of gamification mechanics and as a result participants' performance in gamified teamwork [63], [35]. Investigating their impact in detail may help to understand how and for whom exactly gamified idea generation works.

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